|  | Starting, Day __ ___ / 201_ | Taken | Day _ _ |  |  |  | Day _ _ |  |  |  | Day _ _ |  |  |  | Day _ _ |  |  |  | Day _ _ |  |  |  | Day _ _ |  |  |  | Day _ _ 1 |  |  |  | - | $\ddagger$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| \# | Drug / Procedure | Dosage / freq | A | B | C | D | A | B | C | D | A | B | C | D | A | B | C | D | A | B | C | D | A | B | C | D | A | B | C | D |  |  |
|  | Cetirizine | 10Mg 1 daily |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Multivitamin (one dose) PRN | 2 daily once daily |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Calcium and Vitamin D (400 intU) PRN | $600 \mathrm{mg} \quad 2$ daily |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Tizanidine (by Dr Richmond) for Zanaflex) | 4 mg up to tid |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Ibuprofin (by Amnral) PRN | 800 mg up to id |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Humidifier in use, 0 = Off, C = Water Changed |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Days taken without incident on time. |  |  | 1 |  | 2 |  | 3 |  | 4 |  | 5 |  | 06 |  | 7 |  | 8 |  | 9 |  | 0 |  | 1 |  | 2 |  | 3 |  | 4 | 15 |  |
|  | (First box is AM, Second Box is PM, if filled all is OK) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

Hour Letter Key: $\quad \mathrm{A}=06: 00 \mathrm{AM}, \quad \mathrm{B}=12: 00 \mathrm{PM}, \quad \mathrm{C}=06: 00 \mathrm{PM}$ (1800 Mil.T.), $\quad \mathrm{D}=12: 00 \mathrm{AM}$ (0000 Mil.T.).


|  | Starting, Day __ ___ / 201_ | Taken <br> Dosage / freq |  | Day _ _ |  |  |  | Day _ _ |  |  |  | Day _ ___ |  |  |  | Day _ _ |  |  |  | Day _ _ |  |  |  | Day _ _ |  |  |  | Day _ _ |  |  |  | 为 | $\pm$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| \# | \# Drug / Procedure |  |  | A | B | C | D | A | B | C | D | A | B | C | D | A | B | C | D | A | B | C | D | A | B | C | D | A | B | C | D |  |  |
|  | Cetirizine | 10Mg | 1 daily |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Multivitamin (one dose) PRN | 2 daily | once daily |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Calcium and Vitamin D (400 intU) PRN | 600 mg | 2 daily |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Tizanidine (by Dr Richmond) for Zanaflex) | 4 mg | up to tid |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Ibuprofin (by Amnral) PRN | 800 mg | up to id |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Humidifier in use, $0=0 \mathrm{ff}, \mathrm{C}=$ Water Changed |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Days taken without incident on time. |  | 31 |  | 16 |  | 7 |  | 18 |  | 9 |  | 20 |  | 1 |  | 2 |  | 3 |  | 4 |  | 5 |  | 6 |  | 7 |  | 8 |  | 9 | 30 | 0 |
|  | (First box is AM, Second Box is PM, if filled all is OK) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |




